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IGMG – Islamische Gemeinschaft Millî Görüş e. V. Islamic Society  
Millî Görüş Women’s Youth Organization  
Colonia-Allee 3 | D-51067 Cologne  
Phone +49 221 942240-100 | Fax +49 221 942240-101  
[www.igmg.org](http://www.igmg.org) | [info@igmg.org](mailto:info@igmg.org)

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Name



## Dear Brothers and Sisters

In the midst of the challenges and trials prevailing across the globe, we express gratitude to the Almighty God (Exalted and Sublime is He) for allowing us to reach another blessed month of Ramadan. This sacred period offers solace and tranquility to us Muslims. May peace and blessings be showered upon the Prophet Muhammad, the Pride of the Universe.

What does our Beloved Prophet say? "When the first night of Ramadan arrives, the devils and the malevolent jinn are bound in chains, the gates of Hell are sealed and remain so, while the gates of Paradise are opened and remain open. Then, an angel heralds: 'O seekers of good, hasten to worship and servitude! O seekers of evil, desist from your transgressions; countless are those whom Allah emancipates from the Fire during this month, and this grace extends every night throughout Ramadan.' Let us heed the counsel of God's Apostle. Let us embrace this sacred period when mercy and forgiveness cascade from the heavens. And may we not overlook the prophetic supplication.

In this 30-day Ramadan odyssey, let's reflect on our objectives and, more importantly, on ourselves. As we embark on this month of Ramadan, conducting a thorough self-assessment and establishing new aspirations, may we approach our acts of worship with diligence. Let us center our attention on voluntary prayers, immersing ourselves in the essence of this sacred month and relishing the fulfillment that comes from embodying the teachings and counsel of the Prophet (peace and blessings of God be upon him) during this auspicious time.



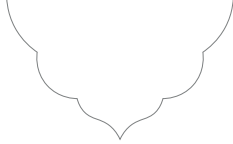
***Dear Brothers and Sisters,***

We take great pleasure in presenting to you the booklet “My Ramadan Companion,” crafted specially each year to accompany us throughout this blessed month. Within its pages, you will discover sections dedicated to special texts, lessons on Quranic exegesis (tafsir), hadiths, the sunnahs of our Beloved Prophet, as well as verses and prayers. Our primary objective is to foster a deeper understanding of our Prophet and to ensure that the 30 selected hadiths are not only committed to memory but also integrated into our daily lives. In pursuit of this goal, there is no more opportune time than this blessed month, during which our holy scripture, the Holy Qur’an, began to be revealed.

***Dear Brothers and Sisters,***

May God (Exalted and Sublime is He) make this month a time of goodness, auspicious events, and beauty surrounding us. May He grant us the ability to reap the benefits of the abundant blessings embedded in this sacred month. I sincerely hope that “My Ramadan Companion” becomes your companion. I entrust you to the Safekeeping of God.

*Greetings and Prayers,*  
*Chair of the KGT*  
**Zehra Karataş**



# Salawât Scharîf



الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ


*O God, bless and grant peace upon our Prophet*

---



لِلَّهِمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ

*O God, bless and grant peace upon our Prophet  
Muhammad, his Household and his Companions.*





اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ  
وَصَحْبِهِ وَبَارِكْ وَسَلِّمْ

*O God, send blessings, peace, and abundant graces upon our  
Prophet Muhammad and his Household, as many times as*

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اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ عَبْدِكَ وَرَسُولِكَ وَعَلَى  
الْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ وَالْمُسْلِمِينَ وَالْمُسْلِمَاتِ

*O God, have mercy on your servant and Messenger, the  
Prophet Muhammad. Have mercy on men and women who are  
believers, and on men and women who are Muslims.*

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اللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا مُحَمَّدٍ  
وَ عَلَى آلِهِ سَيِّدِنَا مُحَمَّدٍ بِعَبْدِكَ عَلْمِكَ

*O Beloved of God! Peace and blessings be upon you.*



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# My To-Do List for Ramadan:

-  Communal-Reciprocal Qur'ān Recitation-Reading (Muqābalah)
-  Voluntary Mid-Night prayer (Tahajjud)
-  Giving Poor tax/End-of-Ramadan Donation/Alms (Zakah/Fitrah/Sadaqah)
-  Participating in the Night of Beneficence program
-  Listen to podcasts
-  Participating in the "Lunch Box" project
-  \_\_\_\_\_
-  \_\_\_\_\_
-  \_\_\_\_\_
-  \_\_\_\_\_

# The Virtue of the Month of Ramadan

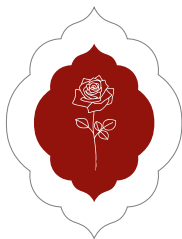
إِذَا جَاءَ رَمَضَانَ فَتُفْتَحُ أَبْوَابُ الْجَنَّةِ ،  
وَتُغْلَقُ أَبْوَابُ النَّارِ ، وَصَفَدَتِ الشَّيَاطِينُ

When the month of Ramadan arrives, the gates of paradise open, the gates of hell are closed, and the devils are chained up.

\_\_\_\_\_ (Bukhārī, Sawm [Fasting], 5)

Infinite gratitude to our Lord, who has once again granted us the privilege of witnessing the arrival of the month of Ramadan, the sultan of the eleven months. The virtues of Ramadan are boundless, encompassing peace, brotherhood, unity, patience, abundance, and solidarity. As our Beloved Prophet (peace and blessings of God be upon him) stated, the beginning of Ramadan is marked by mercy, its middle by forgiveness, and its end by salvation from the hellfire. What sets the month of Ramadan apart and elevates its significance are the monumental events associated with it. For instance, our holy book, the Holy Qur'ān, began to be revealed in this month, and the Night of Power, described in the Qur'ān as better than a thousand months, is also nestled within Ramadan. This month serves as a beacon of unity, solidarity, and brotherhood, guiding us to extend our support to those in need, empathize with the plight of the hungry who struggle to fulfill their most basic nutritional needs, and express gratitude for the abundant blessings present on our tables at the time of iftār.





The significance of fasting, one of the five pillars of our esteemed religion, Islam, is consistently emphasized in both Qur'anic verses and hadiths. Remarkably, the month of Ramadan holds a unique status as it is the only month explicitly mentioned in the Qur'an.

"The month of Ramadan is that wherein the Quran was sent down as guidance to mankind, as clear proofs of guidance, and as the Criterion. Let him among you who is present fast during that [month]. And whosoever is ill or on a journey, it is a number of other days. God desires ease for you, and He does not desire hardship for you. [It is] so that you may complete the number and magnify God for having guided you, that haply you may give thanks."

\_\_\_\_\_ (Surah al-Baqarah [The Cow], 2:185)

In this sacred month, the most exemplary figure for a Muslim to emulate is undoubtedly the Prophet Muhammad (peace and blessings of God be upon him). With this objective in mind, we have endeavored to gain a deeper understanding of our role model, the Prophet Muhammad. Beyond his leadership and prophetic qualities, we aim to present him as a son, husband, father, grandfather, and friend, seamlessly embodying these roles in his character. Moreover, we have committed to memorizing one hadith each day throughout the month of Ramadan. These selected hadiths are concise and easy to memorize. We should strive to memorize these hadiths and allow them to serve as guiding principles in our lives. By the end of Ramadan, our aspiration is to have sufficiently acquainted ourselves with the Prophet in every aspect and memorized 30 of his hadiths.

# My Qur'an Reading (Khatm)

1. Cuz	2. Cuz	3. Cuz	4. Cuz	5. Cuz
6. Cuz	7. Cuz	8. Cuz	9. Cuz	10. Cuz
11. Cuz	12. Cuz	13. Cuz	14. Cuz	15. Cuz
16. Cuz	17. Cuz	18. Cuz	19. Cuz	20. Cuz
21. Cuz	22. Cuz	23. Cuz	24. Cuz	25. Cuz
26. Cuz	27. Cuz	28. Cuz	29. Cuz	30. Cuz

# Hadith Memorization Chart

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30



# The Pillars of the Ramadan Spirit

- ◆ Suhoor: Our Prophet (peace and blessings of God be upon him) emphasized the significance of waking up for suhoor (the predawn meal in Ramadan) with the hadith "Get up for suhoor, for there are blessings in suhoor." Additionally, rising for suhoor distinguishes our fasting practice as Muslims from other forms observed in various religions.
- ◆ Iftār: It is a sunnah to offer prayers before the iftār, the meal to break the fast, immediately after sunset. The Prophet affirmed, "The prayer of a fasting person while breaking his fast will not be rejected" (Ibn Majah, Siyām [Fasting] 48).
- ◆ Tarāwih: This special prayer, exclusive to the month of Ramadan, swiftly unfolds between the enthusiasm of the first tarāwih and the sadness of the last. It comprises 23 rak'ahs -units-, including the three-rak'ah witr prayer.
- ◆ Zakah: Zakah, the obligatory poor tax and one of the five pillars of our religion, carries the etymological meanings of "increase, refinement, praise, and blessing." Zakah plays a vital role in fostering solidarity and cooperation within society and contributes to achieving economic balance between the affluent and the less fortunate.
- ◆ Fitrah: The distinguishing feature of fitrah, also known as "Fitr alms" (sadaqah), is that it is given at the conclusion of Ramadan. This is why the "Festival of Breaking the Fast" is referred to as "عيد الفطر" (Eid al-Fitr) in Arabic.
- ◆ Muqābalah: The inception of this tradition traces back to the event where Gabriel (peace be upon him) visited the Prophet (peace and blessings of God be upon him) in the month of Ramadan to review and verify the verses of the Qur'ān revealed up to that point. The fact that the Qur'ān began to be revealed on the Night of Power in the month of Ramadan adds profound importance to the tradition of Communal/Reciprocal Qur'ān Recitation-Reading (muqābalah) during this auspicious month.



## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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The Messenger of God (peace and blessings of God be upon him) openly expressed his love for everyone, regardless of their age.

Hadiths to  
Memorize

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الْمَرْءُ مَعَ مَنْ أَحَبَّ

One is with whom one loves.

*Bukhārī, Adab  
[Manners and Etiquette] 96)*



## Podcast - Ramadan

If you want to join the tafsir circle, follow us on our social media account @igmkgktorg.

Detailed information about the course can be found here.

إِنَّمَا الْمُؤْمِنُونَ الَّذِينَ إِذَا ذُكِرَ اللَّهُ وَجِلَّتْ قُلُوبُهُمْ وَإِذَا تُلِيَتْ عَلَيْهِمْ آيَاتُهُ زَادَتْهُمْ  
إِيمَانًا وَعَلَىٰ رَبِّهِمْ يَتَوَكَّلُونَ ﴿الَّذِينَ يُقِيمُونَ الصَّلَاةَ وَمِمَّا رَزَقْنَاهُمْ يُنْفِقُونَ ﴿  
أُولَٰئِكَ هُمُ الْمُؤْمِنُونَ حَقًّا لَهُمْ دَرَجَاتٌ عِنْدَ رَبِّهِمْ وَمَغْفِرَةٌ وَرِزْقٌ كَرِيمٌ ﴿

Only they are believers whose hearts quake with fear when God is mentioned, and when His signs are recited unto them, they increase them in faith, and they trust in their Lord, who perform the prayer and spend from that which We have provided them. It is they who truly are believers. For them are ranks in the sight of their Lord, and forgiveness and a generous provision.

*The Spoils (al-Anfāl), 2-4*





# The Night of Benevolence

"You should also be in these frames this year"  
For details, please reach out to the nearest IGMG branch.

[#hayirligece](#)

## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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Praying with the congregation in the mosque was one of the Sunnahs of the Messenger of God (peace and blessings of God be upon him).

Hadiths to  
Memorize

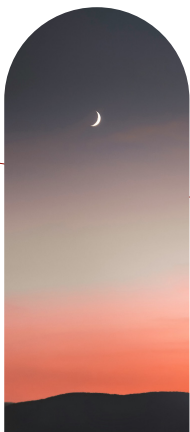
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أَكْمَلُ الْمُؤْمِنِينَ إِيمَانًا أَحْسَنُهُمْ خُلُقًا

The most virtuous of the believers is the one with the best morals.

(Abū Dāwūd, Sunnah 15)



## Tahajjud prayer

Tonight, the entire KGT will rise for tahajjud prayers at 3:00 p.m. Let's not forget to set our alarms and inform our friends.

\_\_\_\_\_ *perform tahajjud prayer*

وَعِبَادُ الرَّحْمَنِ الَّذِينَ يَمْشُونَ عَلَى الْأَرْضِ هَوْنًا وَإِذَا خَاطَبَهُمُ الْجَاهِلُونَ  
قَالُوا سَلَامًا ﴿ وَالَّذِينَ يَبِيتُونَ لِرَبِّهِمْ سُجَّدًا وَقِيَامًا ﴿

“The servants of the Compassionate are those who walk humbly upon the earth, and when the ignorant address them, say, ‘Peace,’ and who pass the night before their Lord, prostrating and standing [in prayer].”

\_\_\_\_\_ (Surah al-Furqān [The Criterion], 25:63-64)

## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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Our Beloved Prophet (peace and blessings of God be upon him) responded to wrongdoing with kindness and goodness.

Hadiths to  
Memorize

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اعقلها وتوكلن

Tie your camel, then put your trust (in God).

(Tirmidhi, Qiyāmah [Resurrection and the Last Day] 60)



 IGMG

## “We Are Reading”

*Dear Young Brothers and Sisters,*

With the slogan “We Are Reading”, the Women’s Youth Organization (KGT) of the Islamic Society Millî Görüş (IGMG) aimed to develop the culture of reading books, especially among young people, and to encourage this habit. In this context, pre-determined books are read by reading groups within the specified time, and they come together regularly for book analysis, thus obtaining qualified reading skills.

Under the banner of “We Are Reading,” the Women’s Youth Organization (KGT) of the Islamic Society Millî Görüş (IGMG) is dedicated to fostering a culture of reading, especially among young people. In pursuit of this goal, predetermined books are read by reading groups within a specified timeframe. Regular gatherings for book analysis are held, facilitating the development of refined reading skills.

Are you eager to refresh your mind, nourish your soul, unlock new perspectives in your life, welcome companions into your journey, immerse yourself in the world of writers, and collect lines worth underlining and contemplating for a long time?

If so, join the reading circle this month and embark on your reading journey as soon as possible! Goodbye, and stay with books!



## Reading list for the month of Ramadan

- |    |   |                          |
|----|---|--------------------------|
| 01 | Muhammad (s). Sein Leben und Wirken - pp. | <input type="checkbox"/> |
| 02 | _____                                     | <input type="checkbox"/> |
| 03 | _____                                     | <input type="checkbox"/> |
| 04 | _____                                     | <input type="checkbox"/> |
| 05 | _____                                     | <input type="checkbox"/> |
| 06 | _____                                     | <input type="checkbox"/> |
| 07 | _____                                     | <input type="checkbox"/> |
| 08 | _____                                     | <input type="checkbox"/> |

Your favorite book

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*You can gift this book to a friend you want to read it*

# The Sunnahs Related to Friday



Sending blessings and  
benedictions upon the Prophet



Cleaning teeth with miswak



Taking a full bath (ghusl)



Reciting/Reading Surah al-Kahf



Putting on a pleasant scent



Cut nails



Wearing neat and clean clothing



Engaging in supplication

## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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One of the esteemed qualities of the Messenger of God (peace and blessings of God be upon him) was his trustworthiness, known as "al-Amīn."

Hadiths to  
Memorize

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الدَّالُّ عَلَى الْخَيْرِ كَفَاعِلِهِ

He who leads to good is like the one who does it.

(Tirmidhi, 'Ilm [Knowledge] 14)



## Almsgiving is your shield

"Our Lord, give us good in this world and good in the Hereafter, and shield us from the punishment of the Fire!"

\_\_\_\_\_ (Surah al-Baqarah [The Cow], 2:201)

وَأَنْفِقُوا فِي سَبِيلِ اللَّهِ وَلَا تُلْقُوا بِأَيْدِيكُمْ إِلَى التَّهْلُكَةِ وَأَحْسِنُوا  
إِنَّ اللَّهَ يُحِبُّ الْمُحْسِنِينَ

"And spend in the way of God and do not, with your own hands, cast yourselves into ruin. And be virtuous. Truly God loves the virtuous."

\_\_\_\_\_ Sure al-Baqara, 2:195

## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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A Muslim does not harbor feelings of hatred, rancor, or hostility towards anyone. They treat everyone justly and distance themselves from injustice.

Hadiths to  
Memorize

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لا ضَرَرَ ولا ضِرَارَ

There is no harming and no retaliating for harm with harm.

(Ibn Majah, Ahkām [Legal Rulings] 17)

# The Prophet, the Noble Son

The Prophet (peace and blessings of God be upon him) was born an orphan, having never seen his father Hazrat 'Abdullah, and lost his mother, Hazrat Amina, at the tender age of six. Despite spending only two precious years with his mother, the Prophet remembered and honored her virtues with deep longing throughout his lifetime.

One day, the Prophet embarked on an expedition with his companions and intentionally diverted his path to visit the village of Abwa to be able to visit his mother's grave. As our Beloved Prophet (peace and blessings of God be upon him) tenderly smoothed the surface soil of his mother's resting place, tears as white and pure as pearls streamed down his noble face. Those present, his Companions, were moved to tears alongside him. When they inquired about the reason for his profound emotion, the Prophet's reply encapsulated it all: "I remembered my mother's compassion and mercy for me."

From this incident, we can undoubtedly infer that had the Prophet's parents been alive, he would have consistently honored and cherished them without fail. Just as he demonstrated profound respect for his nanny Umm Ayman, considering her no different from a mother, and for Fatima bint Asad, the wife of his uncle Abu Talib. When Fatima bint Asad, his uncle's wife, passed away, the Prophet declared, "She was my mother," highlighting her protective and nurturing role, treating him as her own above her own children. The Prophet even used his shirt as her shroud.

The Prophet, the epitome of filial piety, never wavered for a single day in showing utmost respect for his mother and these remarkable women who nurtured him after her passing. In this context, our Lord decrees in verses 23 and 24 of Surah al-Isrā: "Thy Lord decrees that you worship none but Him, and be virtuous to parents. Whether one or both of them reaches old age, say not to them 'Uff!' nor chide them, but speak unto them a noble word. Lower unto them the wing of humility out of mercy and say, 'My Lord! Have mercy upon them, as they raised me when I was small'."



## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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Removing and discarding items such as stones and thorns from the road is also considered an act of charity.

Hadiths to  
Memorize

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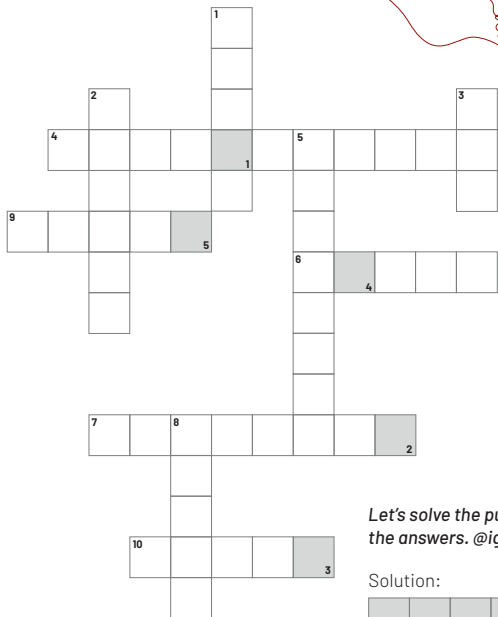


مَنْ عَشَّنَا فَلَيْسَ مِنَّا

He who deceives us is not one of us.

(Muslim, Īmān [Faith] 164)

# Crossword



*Let's solve the puzzle and share the answers. @igmgorgkg*

Solution:

1	2	3	4	5
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1. The city where Masjid al-Aqsa is located
2. The name of the city of Medina before the Hijrah
3. One of the four Rightly Guided caliphs
4. The month in which the Prophet was born
5. The companion of our Prophet during the Hijrah
6. The first major battle after the Hijrah
7. The first month of the year according to the Hijri calendar
8. One of the grandchildren of our Prophet
9. One of the special nights in Islam
10. One of the sons of our Prophet



## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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In times of calamity, the Messenger of God (peace and blessings of God be upon him) used to supplicate with the prayer: "Hasbunallāhi wa ni'ma'l-Wakīl" (God is sufficient for us, and He is the Best Disposer of affairs).

Hadiths to  
Memorize

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لا يَدْخُلُ الْجَنَّةَ نَمَّامٌ

Tale-bearers cannot enter heaven.

(Muslim, Īmān [Faith] 168)



## Podcast - Ramadan

يَا أَيُّهَا الَّذِينَ آمَنُوا اتَّقُوا اللَّهَ حَقَّ تَقَاتِهِ وَلَا تَمُوتُنَّ إِلَّا وَأَنتُمْ مُسْلِمُونَ ﴿١٠٤﴾  
وَاعْتَصِمُوا بِحَبْلِ اللَّهِ جَمِيعًا وَلَا تَفَرَّقُوا وَاذْكُرُوا نِعْمَةَ اللَّهِ عَلَيْكُمْ إِذْ كُنْتُمْ أَعْدَاءً  
فَأَلَّفَ بَيْنَ قُلُوبِكُمْ فَأَصْبَحْتُمْ بِنِعْمَتِهِ إِخْوَانًا وَكُنْتُمْ عَلَىٰ شَفَا حُفْرَةٍ مِنَ النَّارِ فَأَنْقَذَكُمْ  
مِنْهَا كَذَلِكَ يُبَيِّنُ اللَّهُ لَكُمْ آيَاتِهِ لَعَلَّكُمْ تَهْتَدُونَ ﴿١٠٥﴾ وَلَتَكُنْ مِنْكُمْ أُمَّةٌ يَدْعُونَ إِلَى الْخَيْرِ  
وَيَأْمُرُونَ بِالْمَعْرُوفِ وَيَنْهَوْنَ عَنِ الْمُنْكَرِ وَأُولَٰئِكَ هُمُ الْمُفْلِحُونَ ﴿١٠٦﴾

O you who believe! Reverence God as He should be revered, and die not except in submission. And hold fast to the rope of God, all together, and be not divided. Remember the Blessing of God upon you, when you were enemies and He joined your hearts, such that you became brothers by His Blessing. You were on the brink of a pit of fire and He delivered you from it. Thus does God make clear unto you His signs, that haply you may be rightly guided. Let there be among you a community calling to the good, enjoining right, and forbidding wrong. It is they who shall prosper.

\_\_\_\_\_ *The Family of Imrān (Āl 'Imrān), 102-104*

## My lecture notes

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## Ramadan in the Footsteps of the Prophet

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This prayer was taught by the Messenger of God (peace and blessings of God be upon him) to our Mother 'Ā'isha.

Hadiths to  
Memorize

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مَنْ لَا يَرْحَمَ النَّاسَ ،  
لَا يَرْحَمُهُ اللَّهُ

God has no mercy on those  
who do not show mercy to  
people.

(Tirmidhi, Birr [Righteousness and Piety] 16)

# Our Beloved Prophet in the Context of Worldly Professions and Early Responsibilities

The life of our Beloved Prophet (peace and blessings of God be upon him) unfolded in a variety of professions to earn a living. This diversity in his professional pursuits significantly influenced his social relations, personal development, and individual connections with people. Orphaned at the age of 6, he lived with his grandfather until 8 and then with his uncle Abu Talib until he was 25 after his grandfather's passing. His initial professional experience was acquired during these years with his uncle. Despite his uncle Abu Talib not making such a request, the Prophet (peace and blessings of God be upon him) initiated his business life as a shepherd, often referred to as the "profession of prophets," to support and assist his financially struggling uncle. Working as a shepherd, a role associated with great patience and commonly performed by prophets, granted our Prophet valuable skills such as administration and management from a young age.

In his youth, he ventured into business with his uncle, and owing to the fairness and honesty characterizing all his commercial dealings, he earned the epithet "al-Amīn"—the "trustworthy one." His reputation for reliability became so established that anyone who had the opportunity to engage in business with him grew confident in his trustworthiness over time. He met and married our mother Hazrat Khadija while both were engaged in trade.

Continuing his trade activities until the commencement of his prophetic mission, our Prophet's credibility was acknowledged by everyone. Moreover, he served as an arbitrator in disputes from time to time, delivering fair decisions that satisfied both parties on every occasion.

The success of our Prophet in trade, his reputation as an honest and reliable business partner, and his equitable treatment of everyone served as the cornerstones of his personality. Contributing to these qualities was his extensive professional experience, elevating him to a well-known and respected figure within his society. When his prophetic mission commenced in his 40th year, our Prophet (peace and blessings of God upon him) took on new roles, including head of state, teacher, imam, preacher, administrator, and army commander. While he fulfilled these diverse duties, Islam continued to proliferate rapidly, a testament to the reliability, honesty, and justice for which he was already renowned.



## Regarding my Ramadan day

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Zur Erinnerung: Vergiss nicht, heute Nacht um 2 Uhr ist Zeit für die Zeitumstellung.

## Ramadan in the Footsteps of the Prophet

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The Messenger of God (peace and blessings of God be upon him) recited the Holy Qur'ān with tartīl, i.e., adhering to the rules of tajwīd, maintaining proper pacing, and articulating with perfection and reflection.

Hadiths to  
Memorize

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كُلُّ مَعْرُوفٍ صَدَقَةٌ

Every good deed is a charity.

(Bukhārī, Adab [Manners and Etiquette] 33)



# Recipe for Wet Cocoa Cookies

## Ingredients

For the syrup; • 2 tea glasses of sugar  
• 2 tea glasses of water

For the dough; • 1 egg  
• 1 tea glass of sugar  
• 125g butter at room temperature  
• 1 tea glass of oil  
• 4 tbsp cocoa  
• 1 sachet of vanilla  
• 1 sachet of baking powder  
• 3 water glasses of flour

## How to Make Wet Cocoa Cookies:

1. Start by preparing the syrup for the cookies. In a pot, combine sugar and water, mix, and let it boil.
2. After boiling for 5-6 minutes, remove from heat and transfer to a different container to cool.
3. While the syrup is cooling, prepare the dough. Take an egg into a kneading bowl and beat it with a mixer.
4. Add sugar and butter to the beaten egg and continue whisking.
5. Begin kneading the dough by adding oil, sifted cocoa, vanilla, baking powder, and gradually incorporating flour.
6. Take walnut-sized pieces from the thickened dough and shape them by rolling with your hands.
7. Place the shaped cookies in an oven preheated to 170°C and bake for about 30 minutes.
8. Once baked, take the cookies from the oven and dip them into the cooled syrup for 2-3 seconds, then place them on a serving plate.
9. Decorate the cookies as desired and serve. (With these measurements, you'll get a total of 34 cookies.)

## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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Our Beloved Prophet (peace and blessings of God be upon him) would repent 70 times a day, and according to another narration, 100 times a day.

Hadiths to  
Memorize

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إِنَّمَا الصَّبْرُ عِنْدَ الصَّدْمَةِ الْأُولَى

True patience is one shown at the first moment of calamity.

(Bukhārī, Janā'iz [Funerals] 31)



# Women in the Age of Bliss

The Messenger of God elucidated the fundamental rights and freedoms of individuals on various occasions leading up to the Farewell Pilgrimage, emphasizing their observance in society. The Holy Prophet (peace and blessings of God be upon him) declared the struggle for truth, justice, and the end of oppression, known as jihad, as a sacred duty. In the first year of the Hijrah, the Prophet entered into an agreement with the Jews and later established a peace treaty with the Christians of Najran. Alongside the constitution he formulated, the Prophet documented the rights and freedoms of the Jewish community in Medina, granting them religious freedom, judicial autonomy, and protection. Islam, under the guidance of the Prophet, eradicated racial and color discrimination, abolished lineage-based and tribal superiority, and prohibited boasting about such distinctions. It empowered people to scrutinize those in state administration, fostering freedom of thought, conscience, and property. Islam safeguarded various aspects, including the right to life, security of life and property, inviolability of private life, social security, and basic education, enacting laws for the welfare of the people.





In the case of women, revolutionary laws were introduced, putting an end to the interregnum period when girls were buried alive, and Islamic civilization was established. The Prophet ardently advocated for women's rights, starting from the early years of Islam until the Farewell Pilgrimage. Specifically, in his Farewell Sermon, he emphasized the rights of women, emphasizing their divine trust: "O people! I advise you to respect the rights of women and to fear God in this regard. You have taken women as trusts from God. You have made their honor and chastity lawful for yourselves by giving your word in the name of God. Be careful! Women have rights over you, just as you have rights over them. Your right over them is for them to protect their chastity and honor. Women's rights over you are for you to provide food and clothing in accordance with tradition. Fear God in the matter of women and treat them in the best way." Our Prophet (peace and blessings of God be upon him), who urged his Ummah to treat women well, also stated that the best of men are those who treat women the best.

As a result, there was never a situation where the Prophet treated women as second-class citizens or disregarded them. On the contrary, our Prophet valued women's opinions as much as men's. Additionally, he did not tolerate the violation of women's rights both in public life and in the family; men were not allowed to oppress women, and vice versa. Women and men began to be treated as equals in fundamental rights and freedoms. Women actively participated in public life, alongside men, in areas such as work, trade, politics, and war. They prayed in the mosque, attended the talks and sermons of the Prophet, and received lessons directly from the Prophet in terms of education, training, and preaching (Bukhārī, Nikāh [Marriage] 43).



## “May You Be Precious as Water” - World Water Day

The significance of World Water Day, declared by the United Nations General Assembly in 1993 and celebrated on March 22 every year, is heightened as it coincides with the month of Ramadan this year. Ramadan is one of the most important months that vividly demonstrates the challenges of hunger and thirst.

We would like to tell you about one of the most remarkable services that have been rendered to Mecca, which is renowned for its scorching heat and occasional serious water shortages.

The ‘Ayn al-Zubaydah Waterway stands as one of the most pivotal projects sponsored by Lady Zubaydah, the wife of the Abbasid Caliph Hārūn al-Rashīd. This project played a crucial role in alleviating water shortages experienced by pilgrims in Mecca. Constructed about two centuries after the Prophet, these aqueducts, which had a length of 60 km, significantly addressed the water needs during pilgrimage periods. Unfortunately, the ‘Ayn al-Zubaydah Waterway fell into disrepair due to sandstorms and floods, rendering it unusable over time. Now, there was a pressing need for its restoration.

The waterway became entirely unusable after 1560. Subsequently, the sheriff of Mecca reported to Istanbul two years later, emphasizing the imperative need for repairs. Responding promptly, the Sultan of the period, Suleiman the Magnificent, formed a committee tasked with restoring the waterway. Mihrimah Sultan, known for her benevolence, generously covered all expenses related to the repairs, leading the restoration under the guidance of the legendary Ottoman architect, Mimar Sinan.

As a result of this restoration work, which Mihrimah Sultan financed, the waterway was returned to its former state, reaching many points in Mecca and effectively eliminating the water shortage for the people. In accordance with Islam, which regards cleanliness as “half of faith,” it is emphasized that protecting this vital element is essential. Particularly in the era of global warming, one of the biggest threats of our time, it is crucial to avoid wasteful practices and be conscientious about our use of fresh water resources. Such sensitivity should be an integral part of our consciousness of servitude.

## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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Our Beloved Prophet (peace and blessings of God be upon him) advised us to diligently care for our relatives and observe their rights properly.

Hadiths to  
Memorize

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المُجَاهِدُ مَنْ جَاهَدَ نَفْسَهُ

A true warrior is one who wages jihad against his (evil-commanding) soul (nafs).

(Tirmidhi, *Fadāil al-Jihād* [The Virtues of Jihad] 2)



# 1 Verse

"As for those who believe and perform righteous deeds, surely We neglect not the reward of one who is virtuous in deed. For such as these, theirs shall be the Gardens of Eden with rivers running below. Therein they shall be adorned with bracelets of gold, and shall wear green garments of fine silk and rich brocade, reclining upon couches. Blessed indeed is the reward, and how beautiful a resting place!"

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*(Surah al-Kahf [The Cave] 18:30-31)*

# 1 Prayer

"Our Lord! Forgive us and our brothers who preceded us in faith, and place no rancor in our hearts toward those who believe. Our Lord! Truly Thou art Kind, Merciful."

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*(Surah al-Hashr [The Gathering], 59:10)*



## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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The Messenger of God (peace and blessings of God be upon him) offered condolences to a child who had lost a pet bird, showing compassion even in small matters.

Hadiths to  
Memorize

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لِكُلِّ شَيْءٍ زَكَاةٌ، وَزَكَاةُ  
الْجَسَدِ الصَّوْمُ

Everything has its zakah. The zakah of the body is fasting.

(Ibn Mājah, Siyām [Fasting] 44)

# The Prophet as a Friend

"Unless one of you desires for his fellow believer what he wants for himself, he cannot be a believer (in the perfect sense)." (Bukhārī, Īmān [Faith], 7)

Our Prophet (peace and blessings of God be upon him), who showed exemplary attitudes in friendship, was a very loyal, faithful, and sincere friend. As in his other relationships, he always acted mercifully, honestly, and justly in his relationship with his companions. The Prophet's closest friend was Hazrat Abu Bakr. Likewise, Hazrat Umar, Hazrat Hamza, Hazrat Uthman, Hazrat Ali, Abu Zar, Talha ibn Ubaidullah, and Zubair ibn 'Awwām were among his closest companions.

The Prophet (peace and blessings of God be upon him) was always smiling, sincere, loyal, and faithful to his companions. He demonstrated mercy and generosity, regularly inquiring about their well-being. In times of difficulty, he provided comfort and assistance to meet their needs. He visited them when they were sick and did not neglect their welfare. During crucial decision-making moments, he consistently sought the opinions of his friends and engaged in consultations with them. The Prophet would share light-hearted moments and jokes with his friends, always maintaining a balance and never resorting to falsehood in jest.

The Prophet (peace and blessings of God be upon him) endeavored to correct the mistakes and imperfections he observed in his companions without hurting them or causing any confrontation. Leading by example, he consistently demonstrated good deeds and encouraged others to follow suit. Despite his elevated status, the Prophet maintained humility, discouraging excessive respect from his friends and disliking the practice of standing when he entered a gathering. He treated everyone impartially, irrespective of wealth, and avoided discrimination. The Prophet dined and conversed with servants, offering respect and advising others to do the same. He harbored no jealousy or grudges towards his friends or anyone else.

He counseled kindness towards friends and discouraged the use of hurtful words. He declared it unlawful for two brothers in faith to avoid speaking to each other for more than three days, urging believers to maintain a brotherly relationship. Emphasizing the importance of choosing friends wisely, he stated, "A person is upon the religion of his friend, so let each of you be careful with whom he associates."



## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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Our Beloved Prophet (peace and blessings of God be upon him) consistently engaged in night prayers (tahajjud) as part of his regular routine.

Hadiths to  
Memorize

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تَسَحَّرُوا فَإِنَّ فِي السَّحُورِ بَرَكَةٌ

Eat the suhoor meal because there is blessing in suhoor.

(Bukhārī, Sawm [Fasting] 20)



## Older Sister - Younger Sister

"You should also be in these frames this year"  
For information, contact the nearest IGMG branch

[#ablakardeş](#)



## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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The Messenger of God (peace and blessings of God be upon him) used the miswak before performing wudu (ablution), emphasizing the importance of oral hygiene in daily rites of worship.

Hadiths to  
Memorize

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وَالصَّوْمُ نِصْفُ الصَّبْرِ

Fasting is half the patience.

(Ibn Majah, Siyām [Fasting] 44)



## Podcast - Ramadan

إِعْلَمُوا أَنَّهَا الْحَيَاةُ الدُّنْيَا لَعِبٌ وَلَهْوٌ وَزِينَةٌ وَتَفَاخُرٌ بَيْنَكُمْ وَتَكَاثُرٌ فِي الْأَمْوَالِ  
وَالْأَوْلَادِ كَمَثَلِ غَيْثٍ أَعْجَبَ الْكُفَّارَ نَبَاتُهُ ثُمَّ يَهِيْجُ فَتَرِيَهُ مَوْصَرًّا ثُمَّ يَكُونُ حُطَامًا  
وَفِي الْآخِرَةِ عَذَابٌ شَدِيدٌ وَمَغْفِرَةٌ مِّنَ اللَّهِ وَرِضْوَانٌ وَمَا الْحَيَاةُ الدُّنْيَا إِلَّا مَتَاعُ  
الْعُرُورِ ﴿ سَابِقُوا إِلَىٰ مَغْفِرَةٍ مِّن رَّبِّكُمْ وَجَنَّةٍ عَرْضُهَا كَعَرْضِ السَّمَاءِ وَالْأَرْضِ  
أُعِدَّتْ لِلَّذِينَ آمَنُوا بِاللَّهِ وَرُسُلِهِ ذَٰلِكَ فَضْلُ اللَّهِ يُؤْتِيهِ مَن يَشَاءُ  
وَاللَّهُ ذُو الْفَضْلِ الْعَظِيمِ ﴿

Know that the life of this world is but play, diversion, ornament, mutual boasting among you, and vying for increase in property and children – the likeness of a rain whose vegetation impresses the farmers; then it withers such that you see it turn yellow; then it becomes chaff. And in the Hereafter there shall be severe punishment, forgiveness from God, and contentment, and the life of this world is naught but the enjoyment of delusion. Race unto forgiveness from your Lord and to a garden whose breadth is as the breadth of Heaven and earth, prepared for those who believe in God and His messengers. That is the Bounty of God, which He gives to whomsoever He will, and God is Possessed of Tremendous Bounty.

*Iron (al-Hadīd), 20-21*

## My lecture notes

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## Ramadan in the Footsteps of the Prophet

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The Messenger of God (peace and blessings of God be upon him) counseled our Mother 'Ā'isha (may God be pleased with her) to treat the camel with compassion and mercy when riding, emphasizing kindness towards animals.

Hadiths to  
Memorize

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اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ الْعَفْوَ  
فَاعْفُ عَنِّي

O God, you are forgiving, you are gracious, you love to forgive, forgive me too.

(Tirmidhi, Da'āwāt [Supplications] 84)

# The Prophet as a Father

The Prophet (peace and blessings of God be upon him), who endured the sorrow of losing children, a profound trial in this world, was a father deeply attentive to his family and children. He had a total of seven children, three boys and four girls. Six of them were Qasim, Zainab, Ruqayyah, Umm Kulthum, Fatima and Abdullah, respectively. His seventh child, Ibrahim, was born to him by his wife Māriyah. Except for Fatima, the Prophet's daughter, his other children all died before him. His saying, "The smell of an infant is the fragrance of paradise," illustrates his love for not only his own children but all children alike.

The Prophet's approach to fatherhood, consistent with his other relationships, was founded on love, compassion, and exemplary conduct. As a father, he shared a playful and affectionate rapport with his children, addressing their mistakes with patience instead of scolding. He consistently demonstrated tolerance in his interactions with them, dedicating time to meet their needs and providing a model for ideal behavior. His guidance extended beyond the broader community to encompass his family. This was particularly evident in his relationship with his daughter, Fātimah, his only surviving child. When Fātimah approached him, the Prophet would stand up to welcome her, kiss her, and invite her to sit beside him. Upon her departure, he would rise to his feet and bid her farewell in the same manner. Fātimah closely embraced her father's teachings, integrating them into her life.

The Prophet (peace and blessings of God be upon him) expressed his profound affection for his daughter Fatima by using the endearing phrase "Umm Abihā (Mother of her Father)." This expression underscored that Fatima was nurtured under the protective guidance of her father, embraced his teachings admirably, and held a special and esteemed position within the family.

The Prophet consistently demonstrated love, patience, and justice in his interactions with his children, actively contributing to their upbringing on the righteous path. His relationship with his children, particularly with Fātimah, served as an exemplary model of his profound understanding of fatherhood. The expression "Umm Abihā" signifies the affectionate guidance and value bestowed upon Fātimah by her father. The Prophet's exemplary conduct as a father not only fulfilled his prophetic duty but also emphasized the significance of his role within the family.



## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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The Messenger of God (peace and blessings of God be upon him) declared that everyone will be rewarded for their deeds based on their intentions.

Hadiths to  
Memorize

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الصوم جُنَّة

Fasting is a shield.

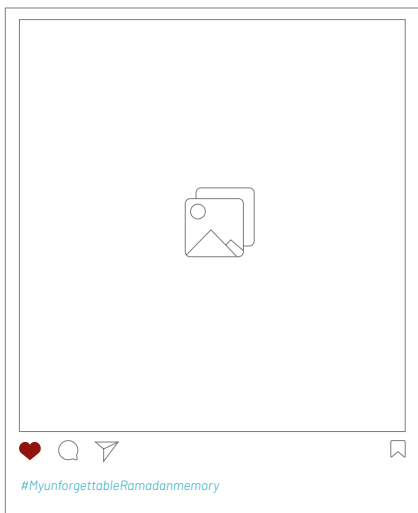
(Nasāī, Siyām [Fasting] 5)



# My unforgettable Ramadan memory...

Share a Ramadan moment that has touched you!  
Don't forget to share it with us.

\_\_\_\_\_ @imgorgkgt



## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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It is a sunnah to say "I have entrusted you to the safekeeping of God" or to say tawakkaltu 'alallah, meaning "I have resigned my affairs to God," when bidding farewell.

Hadiths to  
Memorize

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خَيْرُ الدَّوَاءِ الْقُرْآنُ

The best of medicines is the Qur'an.

(Ibn Majah, Tibb [Medicine] 28)



## Being a Child in the Age of Bliss

The children living during the "Age of Bliss," when our Prophet (peace and blessings of God be upon him) lived and Islam was born and flourished, experienced profound happiness. This era marked a transformative shift from the darkness of ignorance, where girls were often mistreated and even buried alive, to a time caring for them with compassion, valuing them and raising them with love was heralded as a path to heaven, symbolizing a significant historical and cultural change for humanity.

Being a child during the time of the Prophet (peace and blessings of God be upon him), having the opportunity to see him, and spending time in his presence were extraordinary and rare blessings that not everyone had the good fortune to experience. In an age where many would eagerly choose to be an inanimate object merely to catch a glimpse of him, being a child during this period and personally witnessing and experiencing the compassion and love of the Prophet must have been a remarkable blessing. In this article, we will explore the stories of companions who were children during this time and their precious moments with our Beloved Prophet.

The Prophet (peace and blessings of God be upon him) held a deep love for children, always approaching them with compassion. He treated them with respect, listening to them as if they were adults and acknowledging their opinions. Frequently, he would engage in childlike activities, playing games, providing rides on his horse and camel, offering advice, and patiently tolerating their mischievous behavior. He took a keen interest in the naming of newborns, sometimes suggesting better names for children.





Jabir ibn Thamūrah narrates the following incident: "I performed the noon prayer with the Messenger of God (peace and blessings of God be upon him). After the prayer, the Prophet (peace and blessings of God be upon him) left to go to his family, and I followed him. Along the way, he encountered several children. He lovingly stroked the cheeks of each child, and even caressed my cheek as well. His touch carried a delightful coolness, and there was a fragrant aroma akin to the scent of a basket of herbs." (Muslim, *Fadāil [The Virtues of the Companions]*, 80).

The narration of Anas ibn Mālik, also known as "Khādīm al-Nabī" (the servant of the Prophet) because he was one of the children who spent the most time with our Prophet (peace and blessings of God be upon him), who had a great love for children, and served him for 10 years, is as follows: "I served the Messenger of God (peace and blessings of God be upon him) for 10 years. I swear he never even once said 'Ugh!' to me. He didn't scold me for anything, never asking, 'Why did you do that?' or saying 'You should have done it this way!'" (Muslim, *Fadāil [The Virtues of the Companions]*, 51).

Another child companion who lived in the Age of Bliss was Zayd, a maternal half-brother of Anas ibn Mālik. Little Zayd had a small sparrow, called "nugayr" in Arabic, which he loved very much and had named Umayr. One day, this sparrow died, and he was grief-stricken. The Prophet (peace and blessings of God be upon him) visited little Zayd, who had been deeply saddened by the death of his bird, and called him "Abū Umayr," which means the "Father of Umayr," in order to comfort him and make him smile a little bit. The Prophet asked him what happened to his bird. When little Zayd, who liked to be called in this way, laughed at this joke, the Prophet embraced and kissed him.



## Itiqāf: On the way to observing

Itiqāf, meaning “to imprison, to settle in a place, and to be attached to something,” involves staying in a mosque or masjid for the purpose of worship. Those engaging in itiqāf are known as āqif or mu’taqif. This practice finds legitimacy in the Qur’an and Sunnah and has been a sunnah observed since the time of Prophet Ibrāhīm (peace be upon him) and his son Ismā’īl (peace be upon him). Hence, itiqāf is not solely a worship rite exclusive to the ummah of Muhammad; rather, it is a time-honored tradition practiced throughout history in diverse forms across various religions with a tradition of revelation.

The act of dedicating a specific timeframe to worship and submission to God, distancing oneself from all kinds of carnal and sensual desires, even if permissible, stands as just one of the many pivotal means for spiritual maturation. Beyond obligatory prayers, non-obligatory worship (nawāfil) plays a significant role in fostering this growth. An environment saturated with profound religious sentiments and contemplation provides the chance to detach from material interests, allowing individuals to redirect their focus towards the supreme Creator, thereby nurturing a profound spiritual state.

Upon entering itiqāf, it becomes incumbent upon the individual to engage in extensive prayer within their capacity, seek repentance, recite the Qur’ān, supplicate to God, engage in dhikr and contemplation, refrain from unnecessary speech, and dedicate their time to reading books and hadiths elucidating the life of the Prophet (peace and blessings of God be upon him), along with other religious and scientific works. The significance of this practice intensifies during the last ten days of Ramadan, offering a prime opportunity to partake in the Night of Power.

Our revered Mother ‘Ā’isha (may God be pleased with her) shared, “The Messenger of God (peace and blessings of God be upon him) exerted himself in worship during the final ten days of Ramadan, especially dedicating his nights to prayer and rousing his family members for worship.” In emulation of the Prophet’s example, let us awaken our family members and consider entering itiqāf, even if only for a single day if the entire last ten days seem challenging, thereby taking a step towards the noble status of being a retreatant (āqif).

## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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Those who instigate unrest and discord between people by conveying their words about each other cannot partake in the blessings of Paradise.

Hadiths to  
Memorize

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كُلُّ بَنِي آدَمَ خَطَّاءٌ،  
وَخَيْرُ الْخَطَّائِينَ التَّوَابُونَ

Every son of Adam makes mistakes, and the best of those who commit mistakes are those who repent.

(Tirmidhi, Qiyāmah [Resurrection and the Last Day] 49)



# 1 Verse

"...that man shall have naught but that for which he endeavored, and that his endeavoring shall be seen..."

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(*Surah al-Najm [The Star], 53:39/40*)

# 1 Supplication

In a heartfelt exchange, 'Ā'isha (may God be pleased with her) inquired of the Prophet (peace and blessings of God be upon him), "O Messenger of God! If I discern the Night of Power, how should I offer supplications?"

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(*Tirmidhi, Da'āwāt [Supplications] 84. See also Ibn Majah, Du'ā [Prayer] 5*)



## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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It is a sunnah to convey one's affection to an individual by expressing, "I love you."

Hadiths to  
Memorize

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الْمُسْلِمُ مَنْ سَلِمَ الْمُسْلِمُونَ  
مِنْ لِسَانِهِ وَيَدِهِ

A Muslim is one from whose hand and tongue people are safe.

(Tirmidhi, Īmān [Faith] 12)



## Project Dinner Pail

The "Project Dinner Pail", which covers all IGMG regions, is an activity carried out every year in the month of Ramadan. Thanks to this project, young people in our communities get the opportunity to come together with our elderly, especially those who live alone, and have iftar with them. Making our elderly, who become increasingly sentimental and touchy as they get older, smile even a little bit, help them forget their troubles, make them feel that they are not alone and receive their blessings is of great value to us both in this world and the hereafter. In this way, our young can also receive valuable advice and their blessings of our elderly. In addition, it's important to keep this hadith in mind: "To the young man who respects an elder because of his age, God will grant those who will respect him in his old age." (Tirmidhi, Birr [Righteousness and Piety] 71)

"Project Dinner Pail," an initiative spanning all IGMG regions, unfolds annually during the sacred month of Ramadan. This project facilitates meaningful gatherings between the youth in our communities and our elderly, particularly those living alone, for iftar. Bringing joy to our aging community members, who often become more sentimental and tender with time, serves as a profound endeavor. Eliciting even a small smile, helping them momentarily escape their worries, fostering a sense of companionship, and earning their blessings hold immense significance for us, both in this worldly life and the hereafter. Through this undertaking, our youth not only share iftar with the elderly but also have the opportunity to receive valuable advice and blessings from them. A guiding principle for this initiative is the wisdom embedded in the hadith: "To the young man who respects an elder because of his age, God will grant those who will respect him in his old age." (Tirmidhi, Birr [Righteousness and Piety] 71)

## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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It is a sunnah to thoroughly wash one's hands before and after eating.

Hadiths to  
Memorize

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لا يُلْدَغُ الْمُؤْمِنُ مِنْ جُحْرٍ  
وَاحِدٍ مَرَّتَيْنِ

A believer is not stung twice  
from the same hole. (He do-  
esn't fall into the same error

(Bukhārī, Adab [Manners and Etiquette] 83)



# My Tasbeeh Crafting

## Materials:

- A sturdy piece of string
- Scissors
- 99 beads
- 1 bead suitable for the imamah \*
- 2 different beads for use as separators

[\* The prayer beads, known as misbaha in Arabic, are typically made of 99 beads, with a larger 'imam' bead -whence the name used in Turkish, 'imame'-

## Instructions:

### 1. Cut the String:

- Begin by cutting a 70 cm length of string.

### 2. Thread the Beads:

- Thread 33 beads onto the string.
- Follow this with a separator bead.
- Add another 33 beads, then another separator.
- Lastly, thread the remaining 33 beads onto the string.
- Conclude by stringing the imamah bead.

### 3. Check the Length:

- Hold all the beads tightly and assess the length. Ensure there is enough space to accommodate one more bead on the string.
- Adjust the length as necessary.

### 4. Final Touch:

- Once the length is satisfactory, tie a secure knot over the top of the imamah bead.

**Your Tasbeeh is Ready!**



## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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The Messenger of God (peace and blessings of God be upon him) prayed, "O God, the Lord of this night and the suhoor that is to come! As You bring us to the moment of breaking our fast (iftār), purify us from our sins."

Hadiths to  
Memorize

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يَسِّرُوا وَلَا تُعَسِّرُوا،  
وَبَشِّرُوا وَلَا تُنْفِرُوا

Make it easy, don't make it harder, give glad tidings, don't cause hatred.

(Bukhārī, 'Ilm [Knowledge] 12)



## Podcast - Ramadan

إِنَّ الَّذِينَ قَالُوا رَبُّنَا اللَّهُ ثُمَّ اسْتَقَامُوا تَتَنَزَّلُ عَلَيْهِمُ الْمَلَائِكَةُ أَلَّا تَخَافُوا وَلَا تَحْزَنُوا  
وَأَبْشِرُوا بِالْجَنَّةِ الَّتِي كُنْتُمْ تُوعَدُونَ ﴿١٠٠﴾ نَحْنُ أَوْلِيَاؤُكُمْ فِي الْحَيَاةِ الدُّنْيَا وَفِي  
الْآخِرَةِ وَلَكُمْ فِيهَا مَا تَشْتَهِي أَنْفُسُكُمْ وَلَكُمْ فِيهَا مَا تَدْعُونَ ﴿١٠١﴾ نَزَّلْنَا مِنْ غُفُورٍ  
رَحِيمٍ ﴿١٠٢﴾ وَمَنْ أَحْسَنُ قَوْلًا مِمَّنْ دَعَا إِلَى اللَّهِ وَعَمِلَ صَالِحًا وَقَالَ إِنَّنِي مِنَ  
الْمُسْلِمِينَ ﴿١٠٣﴾ وَلَا تَسْتَوِي الْحَسَنَةُ وَلَا السَّيِّئَةُ ادْفَعْ بِالَّتِي هِيَ أَحْسَنُ فَإِذَا الَّذِي بَيْنَكَ  
وَبَيْنَهُ عَدَاوَةٌ كَأَنَّهُ وَلِيٌّ حَمِيمٌ ﴿١٠٤﴾ وَمَا يُلْقِيهَا إِلَّا الَّذِينَ صَبَرُوا وَمَا يُلْقِيهَا إِلَّا ذُو  
حِطِّ عَظِيمٍ ﴿١٠٥﴾ وَإِنَّمَا يَنْزِعُ عَنْكَ مِنَ الشَّيْطَانِ نَزْعٌ فَاسْتَعِذْ بِاللَّهِ إِنَّهُ  
هُوَ السَّمِيعُ الْعَلِيمُ ﴿١٠٦﴾

Truly those who say, "Our Lord is God," then stand firm, the angels will descend upon them, [saying], "Fear not, nor grieve, and rejoice in the Garden that you have been promised. We are your protectors in the life of this world and in the Hereafter; therein you shall have whatsoever your souls desire, and therein you shall have whatsoever you call for: a welcome from One Forgiving, Merciful." And who is more beautiful in speech than one who calls unto God, works righteousness, and says, "Truly I am among those who submit"? The good deed and the evil deed are not equal. Repel by that which is better; then behold, the one between whom and thee there is enmity shall be as if he were a loyal, protecting friend.

Exounded (Fussilat), 30-36



# Our Prophet as a Grandfather

The Prophet (peace and blessings of God be upon him) became a grandfather immediately after the beginning of his prophetic mission. Having spent his own childhood under the caring guidance of a beloved grandfather like Abd al-Muttalib, the Prophet mirrored this affection towards his own grandchildren. This experience served as a profound blessing, fostering a lifelong sense of loyalty to his grandfather.

Like his grandfather Abd al-Muttalib, the Prophet loved and valued his grandchildren, prayed with them, carried them on his shoulders and showed them love even while giving Friday sermons (khutbah). Despite the prevailing societal norms of that time, which did not encourage overt displays of affection towards children, the Prophet boldly expressed his love for his grandchildren. He often hugged and kissed them in public. The fact that he treated not only his own children and grandchildren but also other children in the same way shows his close and affectionate relationship with children.

The Prophet showed exemplary behavior by showing an understanding even when his grandchildren misbehaved. On one occasion, during a khutbah, his grandsons, Hassan and Hussein came playfully to the mosque dressed in red shirts. The Prophet interrupted his sermon and came down from the pulpit, greeted and embraced his grandsons and turned to his congregation and said: "God Almighty indeed speaks truthfully when He says that 'your possessions and your children are tests'. (Surah al-Anfāl [The Spoils], 8:28). When I saw my grandchildren in this state, I couldn't stop myself from embracing them."

This incident exemplifies the Prophet's remarkable patience and understanding when it comes to children. Amidst the sermon, upon his grandchildren's arrival, he momentarily paused his talk to embrace them. Even during prayer, when they climbed on his back, he gently moved them aside and resumed his prayer.

Today's parents and grandparents would do well to emulate this exemplary conduct of the Prophet (peace and blessings of God be upon him). Instead of reacting with anger, particularly when children disrupt their prayers, they should, in contrast, warmly greet them and patiently explain the situation with love and tolerance.



## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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Outside of Ramadan, fasting on Mondays and Thursdays is considered a sunnah.

Hadiths to  
Memorize

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فِي كُلِّ رَطْبَةٍ أَجْرٌ

There is a reward in any act of kindness done to every living thing.

(Bukhārī, Musāqāt [Irrigation] 9)

# Asmā al-Husnā

99 times - Al-Wāī

الْقَائِمُ

The One Who governs the universe and oversees all that unfolds within it.

99 times - Al-Wadūd

الْوَدُودُ

The Most Loving and Affectionate.

99 times - Al-Wahhāb

الْوَهَّابُ

The Generous Bestower, whose blessings are granted generously and eternally.

99 times - Al-Wāsī

الْوَاسِعُ

The One Whose forgiveness and mercy are boundless and abundant.

## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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A Muslim is obliged to guard their tongue against falsehoods and fulfill their responsibilities diligently.

Hadiths to  
Memorize

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الطاعمُ الشَّاكِرُ بمنزلةِ  
الصائمِ الصابرِ

A person who eats and gives thanks is like a person who fasts patiently.

(Tirmidhi, *Sifât al-Qiyāmah*  
[Attributes of the Last Day] 43)



## Our Prophet: An Exemplar Par Excellence

The Prophet, through his profound regard for people, has set the best example for us. His unmatched communication skills served as an unequivocal fulfillment of his duty to convey the message effectively. Notably, the Prophet (peace and blessings of God be upon him) employed body language adeptly, ensuring clarity in his eloquent and understandable Arabic expressions. He emphasized, "I have been sent equipped with the ability to speak concisely (jawi'mi'u'l-kalim)."

According to narrations, the Prophet (peace and blessings of God be upon him) adopted a deliberate and measured pace in his speech, ensuring accessibility to everyone. His deliberate articulation allowed listeners to count his words individually, and when necessary, he would repeat his statements three times.

Throughout his life, the Prophet served as a flawless archetype for diverse roles – a head of the family, teacher, judge, commander, diplomat, conqueror, preacher, father, and husband, among others. In his capacity as a prophet, he navigated relationships with friends and foes, Muslims and non-Muslims, the affluent and the less privileged, men and women, the elderly and the young.

The Prophet conveyed rules of etiquette to his Companions with tenderness, adapting his communication style to each situation – sometimes playful, at other times heart-touching, promising, encouraging, and always pleasing. His demeanor perfectly aligned with the context, captivating attention with allusive, thought-provoking, and eye-opening expressions. Remarkably, the Prophet consistently upheld justice in his dealings with people, bestowing equal value to all.





The Prophet's character was devoid of any form of insulting, rude, humiliating, or offensive speech. Such a discourteous approach, which is unwelcome even in ordinary people, never found a place in his personality. He consistently emphasized that true superiority lies in piety alone. This principle was underscored in his Farewell Khutbah, where he recited the verse from Surah al-Hujūrāt: "O mankind! Truly We created you from a male and a female, and We made you peoples and tribes that you may come to know one another. Surely the most noble of you before God are the most reverent of you. Truly God is Knowing, Aware."

If the Prophet saw someone behaving in an inappropriate way, he did not openly point out the mistake, and he did not condemn anyone in public by naming names. On the contrary, he made the mistake public, saying, "What is wrong with people that they say such and such?" In short, the Prophet valued human beings based on the value given to them by the Qur'ān. He would take human psychology into account whenever he talked to anybody.

One day, as the Prophet engaged in a compassionate conversation with his Companions, an elderly individual sought to meet him. Despite the elderly man's efforts to navigate through the crowd, the Companions were slow to make way for him, causing an interruption in the Prophet's discussion. Observing this, the Prophet swiftly addressed the situation, cautioning them with the words: "He who does not show compassion to our little ones and respect to our elders is not one of us." (Bukhārī, Adab [Manners and Etiquette] 18)

# The Prophet as a Servant of God

The Prophet (peace and blessings of God be upon him) exemplified a profound understanding of the human condition, standing as the pinnacle of humanity. In the Holy Qur'ān, he is identified with the titles of bashar (man), 'abd (servant), and rasūl (messenger). While outwardly sharing common human characteristics, his most essential distinction emanated from divine revelation. The Prophet fervently emphasized the equality of all in being servants of God, rejecting any sense of privilege for himself. He advocated treating everyone with impartiality and did not exhibit favoritism among his Companions. His devotion to worship was remarkable, with prayer, fasting, zakah, and other acts of worship forming integral aspects of his life. Through his teachings in hadiths, he consistently underscored the significance of these acts of worship, setting a compelling example for humanity.

He held a particular sensitivity toward salah. In one of his hadiths, he underscored the pivotal role of salah, stating, "Salah is the pillar of religion," and fervently advised his Companions to perform it regularly and punctually. His dedication extended to fasting, wherein he expounded on the spiritual significance of observing fasts during the month of Ramadan and consistently motivated believers to partake in this act of worship. The Prophet's reverence for these acts of worship serves as a testament to his exemplary devotion to God. He conveyed the fundamental connection between worship and spiritual growth, as well as social justice. Stressing that worship forms the cornerstone of becoming a true servant of God, he urged people to set an influential example through their commitment to these sacred practices.

In this regard, he imparted a crucial lesson to his daughter Fātimah (may God be pleased with her) when he said, "My daughter Fātimah! Don't you ever complacently think, 'My father is a prophet,' but do your duty of servitude to your Lord, for if you cannot buy your soul from God, by God, even I cannot do anything in your name..." (Muslim, Īmān [Faith] 89-351). This hadith illuminates his emphasis that even being his daughter does not exempt her from the obligation of worship, an integral part of her servitude to God.



## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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The Prophet (peace and blessings of God be upon him) demonstrated vigilance and carefulness in all matters.

Hadiths to  
Memorize

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كَفَى بِالْمَرْءِ اثْمًا أَنْ  
يُحَدِّثَ بِكُلِّ مَا سَمِعَ

It suffices a person as a sin to repeat/narrate everything they hear.

(Abu Dāwūd, *Adab [Manners and Etiquette]* 80)

# Lailat-ul-Qadr

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

إِنَّا أَنْزَلْنَاهُ فِي لَيْلَةِ الْقَدْرِ ﴿١﴾ وَمَا أَدْرَاكَ مَا لَيْلَةُ الْقَدْرِ  
لَيْلَةُ الْقَدْرِ خَيْرٌ مِنْ أَلْفِ شَهْرٍ ﴿٢﴾ تَنْزِيلُ الْمَلَكَةِ وَالرُّوحِ  
فِيهَا بِإِذْنِ رَبِّهِمْ مِنْ كُلِّ أَمْرٍ ﴿٣﴾ سَلَامٌ هِيَ حَتَّى  
مَطْلَعِ الْفَجْرِ ﴿٤﴾

*Sura al-Qadr*

1. Truly We sent it down in the Night of Power.
2. And what shall apprise thee of the Night of Power?
3. The Night of Power is better than a thousand months.
4. The angels and the Spirit descend therein, by the leave of their Lord, with every command.
5. Peace it is until the break of dawn.

## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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Our Beloved Prophet (peace and blessings of God be upon him) affirmed that God will fulfill the needs of anyone who addresses the needs of their Muslim brother.

Hadiths to  
Memorize

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إِنَّ أَحَدَكُمْ إِذَا قَامَ يُصَلِّي  
إِنَّمَا يُنَاجِي رَبَّهُ

Surely one of you is (in fact) talking privately to his Lord while praying.

(Bukhārī, *Salāh* [Prescribed Prayer] 36)



# 1 Verse

"He has made the night and the day subservient unto you, and the sun, and the moon, and the stars are subservient by His Command. Truly in that are signs for a people who understand."

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(*Surah al-Nahl [The Bee], 16:12*)

# 1 Supplication

"O Turner of the hearts, make my heart firm upon Your religion."

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(*Tirmidhi, Da'āwāt [Supplications] 124*)



## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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It is a sunnah to drink water by avoiding large gulps and instead consuming it in three breaths.

Hadiths to  
Memorize

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مِفْتَاحُ الْجَنَّةِ الصَّلَاةُ ، وَمِفْتَاحُ  
الصَّلَاةِ الْوُضُوءُ

The key to heaven is prayer (salāt), and the key to prayer is ablution.

(Tirmidhī, Taharah [Cleanliness] 1)



# Time for Reflection

*As much as we rejoiced with your arrival, your departure is wrenching our hearts...*

*Goodbye, month of Ramadan!*

We hosted the month of Ramadan, the sultan of eleven months, for 30 days, and now we are bidding farewell. Through the fasts observed during Ramadan, the month of patience, worship, unity, abundance, and solidarity, we have safeguarded many of our values. As we part ways with this sacred month, our duty is clear—to continue our prayers, exercise patience, foster unity, collaborate, and share our good deeds. Let us not forget the importance of self-reflection, a practice we should engage in before the actual day of reckoning arrives. Periodically, let's take stock of how we lead our lives and strive to align ourselves with the principles we upheld during this blessed month.

- In Ramadan, we gained patience by waiting to break our fasts at iftar, hungry and thirsty, perhaps even very tired.
- When it was time for iftar, we learned to be grateful and better understand the situation of the poor and people in need at our richly set tables with our loved ones.
- We have gained unity and solidarity with the tarawīh we have performed with the congregation.
- During the day we fasted, we were hungry, thirsty, and we learned to understand and empathize with the situation of people in need of help who could not even find dry bread to eat.
- We learned to be benevolent and to share with the fitrah and sadaqah we gave.

From now on, as sincere Muslims, it is up to us to strive for the continuation of all these beauties in our lives, to pay attention to all these prayers not only in the month of Ramadan, but also in every month, and to maintain this enthusiasm. It should not be forgotten that deeds most pleasing to God are those performed regularly, even if they may be small. (Bukhārī, Īmān [Faith] 32).

With the prayer that the fasts we keep this month, the supplications we make, the salāhs we perform, will also appear before us in the hereafter...

As devoted Muslims, the responsibility now lies with us to endeavor for the perpetuation of these virtues in our lives. We must prioritize these acts of worship not just during Ramadan but in every month, sustaining the same fervor. We should bear in mind that deeds most pleasing to God are those carried out regularly, even if they may seem small. (Bukhārī, Īmān [Faith] 32).

With a prayerful heart, we hope that the fasts observed this month, the supplications made, and the salāhs performed will manifest before us in the hereafter.



## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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Words are a trust; ensure that what you hear comes from a reliable source.

Hadiths to  
Memorize

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إِنَّ اللَّهَ كَتَبَ الْإِحْسَانَ  
عَلَى كُلِّ شَيْءٍ

God has commanded excellence in all things (He has decreed that everything should

*(Muslim, Sayd wa Zabāih [Hunting and Slaughtered Animals] 57)*



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Sa'd ibn Aws al-Ansārī narrates: "The Messenger of God (peace and blessings of God be upon him) said: 'On the morning of Eid al-Fitr, angels take to the roads and call out: 'O community of Muslims! Run to the mercy of your Lord, who is generous. He bestows abundant goodness and benevolence.' Then they are rewarded abundantly. You were commanded to worship at night, and you kept the commandment. You have been commanded to fast during the day, you have fasted, and you have obeyed your Lord, and you will receive your reward."

After performing the Eid prayer, a crier calls out: "Beware, good news to you! Your Lord has forgiven you, and you return to your homes on the right path. The day of Eid is a day of reward. Today is declared as the day of reward in the heavenly world."

\_\_\_\_\_ [Source: *al-Tarḥīb wa al-Tarḥīb* Trans. 2:532]

The Prophet (peace and blessings of God be upon him) gave the good tidings that "Whoever fasts during Ramadan with faith, expecting his reward only from God, his past sins will be

\_\_\_\_\_ (Bukhārī, *Īmān* [Faith], 28)



## Regarding my Ramadan day

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## Ramadan in the Footsteps of the Prophet

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The Messenger of God (peace and blessings of God be upon him) encouraged the observance of the tahajjud prayer.

Hadiths to  
Memorize

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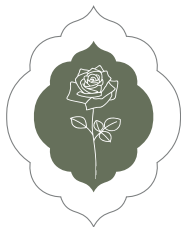


رَأْسُ الْأَمْرِ الْإِسْلَامُ ،  
وَعَمُودُهُ الصَّلَاةُ

The foundation of all matters is Islam, and its pillar is prayer.

(Tirmidhi, Īmān [Faith] 8)



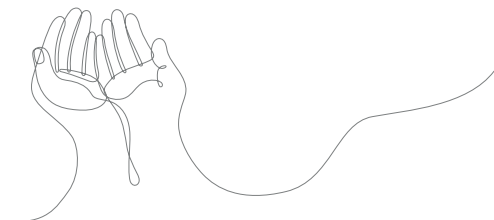


***Dear Brothers and Sisters,***

We have bid farewell to the blessed month of Ramadan and embraced Eid. May God count us among the servants for whom our Prophet (peace and blessings of God be upon him) gave these glad tidings. Eids are a divine gift, a mercy bestowed upon believers in recognition of their efforts. Eid al-Fitr marks a day pivotal in the rejuvenation of the Ummah Muhammad. It is a time for increased brotherhood, compassion, and an opportunity to accumulate rewards, akin to the month of Ramadan. It is our responsibility to maximize the blessings of this divine gift. Celebrating the Ramadan Feast collectively serves as a catalyst for our spiritual awakening, an essential aspect of being an ummah. I extend my gratitude to the Women's Youth Organization, a vital unit of our organization, for their efforts on the booklet "My Ramadan Companion." Congratulations to the entire Islamic world on the occasion of Eid, and I pray to God Almighty to bestow blessings upon humanity.

***Kemal Ergün***

Chairman Islamic Community Millî Görüş



## Liturgical Prayers & Recitations (Awrād al-sharīf)

“Those who believe and whose hearts are at peace in the remembrance of God. Are not hearts at peace in the remembrance of God?”

\_\_\_\_\_ (Surah al-Ra'd [The Thunder], 13:28)

The heart is a vital organ of the human being. When the heart is healthy, it has a positive effect on all organs. The heart is also the center of all emotions in human nature. Faith is in the heart; love and affection are felt in the heart. When a person is excited, their heart beats fast; when you rejoice, the heart flaps its wings like a butterfly. When one is anxious or angry, their heart tightens and constricts. The heart is guided by emotions. It can gravitate toward the good and the bad. It is in constant search. It seeks peace and happiness. Nothing of this world can satisfy it. God, who knows humankind the best, has declared that hearts can only find peace by remembering Him. Therefore, my young brothers and sisters, give your heart its spiritual food with your liturgical prayers and recitations. Use this occasion to come even closer to God.

“O Turner of the hearts, make my heart firm upon Your religion.”  
(Tirmidhi, Da'āwāt [Supplications] 124)

*You can follow the daily litany  
(daily readings & recitations) here:*

Monday



Tuesday



Wednesday



Thursday



Friday



Saturday



Sunday





## Arabic Lunar (Hijrī) Months

1. Muharram	2. Safar	3. Rabi al-Awwal
4. Rabi al-Akhir	5. Jumada al-Awwal	6. Jumādā al-Ākhir
7. Rajab	8. Sha'bān	9. Ramadan
10. Schawwal	11. Dū al-Qadah	12. Dū al-ijjah



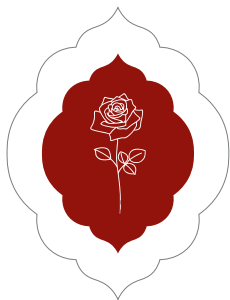


# Supererogatory Fasts of Shawwal

“Whoever fasts during Ramadan and adds six days from the month of Shawwal to it, it will be as if he fasted for the whole year.”

\_\_\_\_\_ (Muslim, *Siyām [Fasting]*, 204; Tirmidhī, *Sawm [Fasting]*, 53; Abū Dāwūd, *Sawm*

Day	Date	✓
01	..... / ..... / .....	
02	..... / ..... / .....	
03	..... / ..... / .....	
04	..... / ..... / .....	
05	..... / ..... / .....	
06	..... / ..... / .....	
07	..... / ..... / .....	



## Acknowledgments

***Dear brothers and sisters,***

Our month-long journey through Ramadan has concluded. This booklet has been carefully prepared by the members of the Women's Youth Organization. We extend our sincere thanks to the "My Ramadan Companion" team, our dedicated authors, and talented designers who have contributed. To our esteemed readers, we invite you to decorate the postcard on the next page, inscribe your feelings and thoughts, and send them to us.

See you in 2025...

***Zehra Karataş***

Chairwoman Women Youth







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 **HASENE**

Hasene International e.V.  
Colonia-Allee 3 | D-51067 Köln  
T+49 221 942240-400 | F+49221942240-401  
[www.hasene.org](http://www.hasene.org) | [info@hasene.org](mailto:info@hasene.org) | [f](https://www.facebook.com/hasene.org) [i](https://www.instagram.com/hasene.org) [d](https://www.youtube.com/hasene.org) hasene.org

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